WHY MORRASSITE MELLINESS

JUST WHAT YOUR COMPANY HAS BEEN LOOKING FOR.

Worksite Wellness Programs

Can transform corporate culture and change lives.

Healthy Employees

Are more productive

Miss fewer days of work



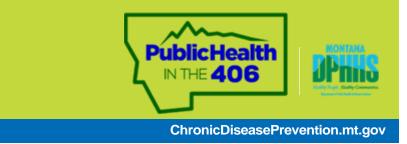
PHAB Public Health Accreditation Board



Are more likely to stay with the company

Have lower overall healthcare costs

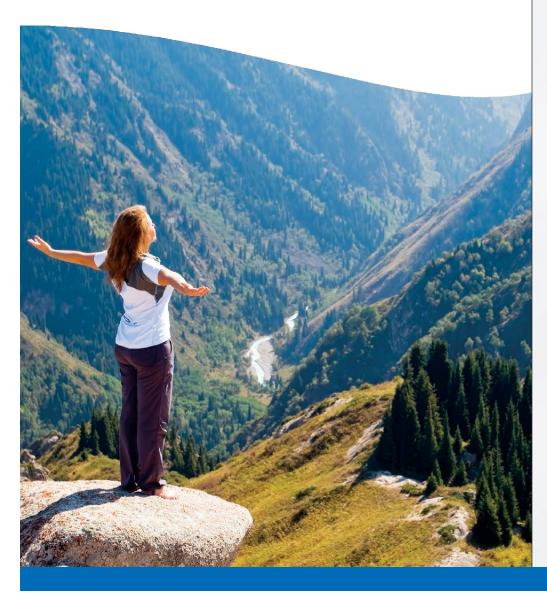




What can we do for you?

- Provide evidence-based information healthy lifestyle choices and work-life balance.
- Provide technical assistance from a local Health Promotion Specialist for up to 36 months.
- Work with leadership to develop employee wellness programs with measurable outcomes.
- Assist in implementing sustainable, evidence-based health and productivity interventions and programs.

- Help create diverse wellness teams among employees.
- Support development of a healthy work culture.
- Provide data collection tools to evaluate the health needs of the employees.
- Access to free resources from the Centers for Disease Control and Prevention (CDC) and additional credible sources regarding workplace wellness.



Utilizing the CDC's Workplace Health Model

- 1. Workplace Health Assessment Individual, Organizational, Community
- 2. **Planning the Program** Leadership Support, Management, Workplace Health Improvement Plan, Dedicated Resources, Communications
- 3. Implementing the Program Programs, Policies, Benefits, Environmental Support
- 4. Determine Impact through Evaluation Worker Productivity, Healthcare Costs, Improved Health Outcomes, Organizational Change, "Culture of Health"



For More Information Call or Visit our Website

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dphhs.mt.gov/PublicHealth/

WorksiteWellness

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